

Town name: \_\_\_\_\_

Auditor name: \_\_\_\_\_

**Rural Active Living Assessment (RALA)  
PROGRAM AND POLICY ASSESSMENT Tool**

Town Programs and Policies	<i>Check One</i>
1. Does the town have a policy that requires bikeways or pedestrian walkways in new public infrastructure projects?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know <input type="checkbox"/> N/A
Comments:	
2. Does the town regularly clear snow from sidewalks?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know <input type="checkbox"/> N/A
Comments:	
3. Does the town have a public recreation department that offers physical activity programming?  <b><i>If Yes:</i></b>  3a. Do they offer physical activity programming for local youth?  3b. <b><i>If Yes:</i></b> What age range is served by these programs? _____  3c. Do they offer physical activity programming for local adults?  3d. <b><i>If Yes:</i></b> What age range is served by these programs? _____  3e. Are physical activity resources/facilities available for local resident use outside of programming?  3f. Does the recreation department provide scholarships or offer a sliding fee scale for lower income residents?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know  <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know  <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know  <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know

Town Programs and Policies	Check One
Comments:	
<p>4. Does the town have a private organization (such as the YMCA or a religious organization) that offers physical activity programming?</p> <p><b><i>If Yes:</i></b></p> <p>4a. Do they offer physical activity programming for local youth?</p> <p>4b. <b><i>If Yes,</i></b> what age range is served by these programs? _____</p> <p>4c. Do they offer physical activity programming for local adults?</p> <p>4d. <b><i>If Yes:</i></b> What age range is served by these programs? _____</p> <p>4e. Are there membership requirements to participate in these programs?</p> <p>4f. Are physical activity resources/facilities available for local resident use outside of programming?</p> <p>4g. Does the organization provide scholarships or offer a sliding fee scale for lower income residents?</p>	<p><input type="checkbox"/> Yes  <input type="checkbox"/> No  <input type="checkbox"/> Don't know</p> <p><input type="checkbox"/> Yes  <input type="checkbox"/> No  <input type="checkbox"/> Don't know</p> <p><input type="checkbox"/> Yes  <input type="checkbox"/> No  <input type="checkbox"/> Don't know</p> <p><input type="checkbox"/> Yes  <input type="checkbox"/> No  <input type="checkbox"/> Don't know</p> <p><input type="checkbox"/> Yes  <input type="checkbox"/> No  <input type="checkbox"/> Don't know</p>
Comments:	

<b>Town Programs and Policies</b>	<i>Check One</i>
<p>5a. Does the town offer any <i>local</i> public transportation options, such as public busses or vans?</p> <p>5a1. If yes, please specify: _____</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
<p>5b. Are there any <i>long-distance</i> public transportation options available in your town, such as a train or Greyhound Bus?</p> <p>5b1. If yes, please specify: _____</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Comments:	

<b><u>School</u> Programs and Policies</b>	<i>Check One</i>
<p>6. Does the town have any "Walk to School" programs or other programs that encourage children to walk or bike to school?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Comments:	
<p>7. Does the town participate in the National "Safe Routes to School" program?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Comments:	
<p>8. Do the public schools in the town offer other sponsored physical activity initiatives for students?</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Comments:	

<b>School Programs and Policies</b>	<b>Check One</b>
9. Do the public schools in the town allow public access to their recreation facilities after school hours?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Comments:	
10. Do the public schools have a late bus option for children that stay after school for sponsored activities?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Comments:	
11. What percent (%) of children live within 1-mile of their school?	<input type="checkbox"/> _____% <input type="checkbox"/> Don't know
Comments:	